

MASTER PRACTICE SCHEDULE

(YOUTH BASKETBALL LEAGUE 2025-2026)

Practices begin the week of December 1st

Locations:

CSPS: Cool Spring Primary School; 7301 Acquinton Church Road - King William, VA 23086

AES: Acquinton Elementary School; 18550 King William Road - King William, VA 23086

HHMS: Hamilton Holmes Middle School; 18444 King William Road - King William, VA 23086

Team	Day	Time	Location
6-7 Instructional Age Group			
Swooshers (Stephanie Redman – Green)	Monday	6:00-7:30 PM	CSPS
Dunkers (Lorraine Justice – Light Blue)	Monday	6:00-7:30 PM	CSPS
Slammers (Chris O'Keefe – Purple)	Tuesday	6:00-7:30 PM	CSPS
Ballers (Jamar Carter – Orange)	Thursday	6:00-7:30 PM	CSPS
Shooters (Garrison Boone – Black)	Thursday	6:00-7:30 PM	CSPS
8-9 Co-Ed Age Group			
Legends (Lewis Redman – Gray)	Monday	6:00-7:30 PM	AES
Ignite (Haleigh Worley – Black)	Tuesday	6:00-7:30 PM	CSPS
Vipers (Garrison Boone – Red)	Wednesday	6:00-7:30 PM	CSPS
Stars (Warren DeLoach – Gold)	Wednesday	6:00-7:30 PM	CSPS
Swarm (Byron Ross – Purple)	Thursday	6:00-7:30 PM	AES
Magic (Ashley Eggleston – Light Blue)	Thursday	6:00-7:30 PM	AES
10-11 Girls Age Group			
Huskies (Kenny Randall – Gray)	Tuesday	7:30-9:00 PM	HHMS
Lady Vols (Alan Cosby – Orange)	Wednesday	6:00-7:30 PM	HHMS
10-11 Boys Age Group			
Wildcats (Christian Womack – Gray)	Tuesday	6:00-7:30 PM	HHMS
Bulldogs (Lance Townsend – Black)	Tuesday	6:00-7:30 PM	HHMS
Tigers (Maurice Scott – Purple)	Tuesday	7:30-9:00 PM	HHMS
Cavaliers (Adrain Burton – Orange)	Thursday	6:00-7:30 PM	HHMS
Spartans (Jamie Brown – Green)	Thursday	7:30-9:00 PM	HHMS
12-15 Girls Age Group			
Sky (Walker Hill – Light Blue)	Wednesday	7:30-9:00 PM	HHMS
Storm (Chris Hill – Green)	Thursday	6:00-7:30 PM	HHMS
12-15 Boys Age Group			
Grizzlies (George Pennington – Light Blue)	Monday	7:30-9:00 PM	HHMS
Warriors (Andrew Holmes – Blue)	Tuesday	7:30-9:00 PM	CSPS
Heat (Christopher Alston – Red)	Wednesday	6:00-7:30 PM	HHMS
Suns (Lamonize Clarke – Orange)	Wednesday	7:30-9:00 PM	HHMS
Lakers (Ryan Hawley – Purple)	Wednesday	7:30-9:00 PM	CSPS
Nuggets (Marcellus Harris – Gold)	Wednesday	7:30-9:00 PM	CSPS
Bucks (Steven Woods – Black)	Thursday	7:30-9:00 PM	HHMS

***We encourage all players to arrive AT LEAST 10 minutes prior to both practices AND games**

***Colors are subject to change due to jersey availability on day of ordering**